Have you been feeling anxious in the current political climate?
Overwhelmed by the barrage of negative messages out there?

We will be hosting a monthly discussion group on every 3rd Tuesday of the month to address how people are coping, as well as ways you can get involved in advocacy or activism around issues that are important to you.

Please join us beginning on

Tuesday, April 18th
3:00 - 4:30 pm
Palm View Common Room

Facilitated by John Riley, MSW
Tel: (323) 933-9244 ext. 420